STORY CAMP 2020
DAY 1 JOURNALING

I. #1 GOALS
  A. Think back to when you were deciding to enrolling in StoryCamp. What did want out of StoryCamp?
  B. What are you hoping to get out of it?
  C. What are you goals (dreams, wishes) for YOURSELF, for this weekend?

II. #2 METHODS
  A. Think about ways you've tried to learn, grow, and change in the past.
  B. For the events/programs that "worked" where did the value come from?
  C. What part did your commitment to "play full out" have on the outcomes?
  D. Same question: Content?
  E. Same questions: Community?

III. #3 IMPACT: POSITIVE
  A. If StoryCamp is a successful, transformative experience for you, what difference will YOU make in 1 month?
  B. SAME QUESTION: 6 months
  C. SAME QUESTION: 1 year
  D. What is the main part of your life that will be better? How it will be better?
  E. How will that difference positively affect others who are important to you?
      1. Kids? Spouse? Parents? Clients/customers/co-workers?

IV. #4 AUTHORSHIP
  A. In what areas of your life (physical, spiritual, intellectual, emotional, relational, financial, etc.) do you "own" your narrative regarding the facts in those areas of you life? What areas of your life are you WRITING and running the narrative?
  B. Which areas have you given control of narrative to others (including the ever-powerful dominant culture narrative)?
  C. What events led to you surrendering authorship?

V. #5 TRAITS-DO-BE
  A. Which personality traits of yours are closer to the ends of the continuum? Which are more extreme?
  B. In general: are you more focused on achievement (do) or affiliation (be)?
  C. How much of an imbalance do you have between doing and being? None? Little? Lot?
  D. What were the times when you have been most balanced? How much did you get done during that time? How much did you feel joy and peace during that time?

VI. #6 NARRATIVE
  A. What kind of world is it?
  B. What are other people like?
  C. Who are you and what is the truth about what you say to yourself about the kind of person you are?